# Freedom to Spend

# How to Enjoy Your Retirement Assets





Issuers: Integrity Life Insurance Company | National Integrity Life Insurance Company | Western-Southern Life Assurance Company

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# The Past: Retirees Did Not Feel Free to Spend Retirement Savings

#### **Retirement Asset Resilience**

The retirement industry has done a good job of helping people prepare for a potential retirement planning crisis over the past few decades. *Maybe too good*. Because even though retirees succeeded in *building* retirement assets ... many did not feel comfortable *spending* them.

Retirees may have felt their assets were more resilient if they experienced:

- > Generally positive market results on portfolios
- > Beneficial Social Security and Medicare changes
- > Certainty from receiving a pension
- > Positive real estate appreciation numbers
- > Fewer medical events than anticipated

Perhaps because of factors like these, one study published in 2017 found that over a 20 year period, retirees maintained up to **80%** of their assets ... across all consumer income levels!

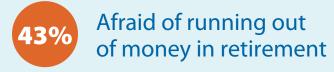


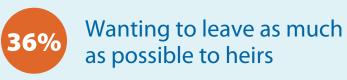
#### Good News. But Hesitant Views.

Favorable financials are good news. But despite that, many retirees view spending retirement assets with hesitancy.

# PRIMARY REASONS RETIREES DON'T SPEND RETIREMENT ASSETS<sup>2</sup>







#### Changing Old Habits. Enjoying Future Income.

These reasons can create a mental barrier against retirement spending.

After decades of saving ... saving ... and saving, it can be hard to change habits from building a nest egg to using it. But there are tools to help you go from saving up to drawing down, so you can enjoy the fruits of your past labor — in your retirement future.

2 Source: Employee Benefit Research Institute Spending in Retirement Survey, 2022.

## The Future: Retirees May Need to Spend Assets More in Retirement

#### The Past is No Guarantee of the Future

Even though retirement assets were resilient in the past, new and growing financial *challenges* may confront future retirees. Challenges that may more significantly affect your retirement assets. Requiring you to spend more in retirement. Check the facts:

#### PRIVATE SECTOR PENSIONS DISAPPEARING<sup>3,4</sup>

**37%**IN 1980

IN 20

IN 2022

Takeaway: Pensions provided income for life. Without one, retirees must depend on Social Security and their own savings to cover living expenses.

#### LIFE SPANS EXPANDING<sup>5,6</sup>

IN 1990 **17.2** YEARS (AT AGE 65) IN 2020

18.5

YEARS (AT AGE 65)

Takeaway: Retirement savings may have to last 20+ years. That's a long time to cover expenses.

- 3 U.S. Bureau of Labor Statistics, *Employee Benefits in Industry: A Pilot Survey*, July 1980.
- 4 U.S. Bureau of Labor Statistics, *The Economics Daily*, Feb. 1, 2023.
- 5 Life Expectancy at Age 65. Health, 2018, Table 4, cdc.gov.
- 6 U.S. Department of Health and Human Services. National Vital Statistics Reports, Volume 71, Number 2, August 23, 2022
- 7 2023 SSA Trustees Report Summary, www.ssa.gov/oact/trsum.
- 8 Fidelity® Releases 2023 Retiree Health Care Cost Estimate. Fidelity.com, June 21, 202

#### SOCIAL SECURITY BENEFITS ERODING<sup>7</sup>

100%

///0

of scheduled benefits payable until 2033

of scheduled benefits payable in 2034

Takeaway: Less Social Security income for future retirees means more to make up with personal savings.

#### MEDICAL COSTS RISING<sup>8</sup>

\$315,000

Estimated amount a retired couple aged 65 may spend in retirement

Takeaway: Rising medical costs may require retirees to spend more assets.

THE GOOD NEWS? THERE'S A SOLUTION THAT CAN HELP...

2|4

## An Income Annuity Can Help Create a Feeling of Freedom

#### Annuity Income Can Give You a "License to Spend" in Retirement

Annuities can create a *steady, stable, secure* and *strong* stream of payouts to help you meet retirement expenses and help ensure you won't run out of money. When you free yourself from these worries, you may feel more comfortable accessing your assets. In that way, it can feel like a "*license to spend*" responsibly. Here are just a few of the benefits an annuity offers that may help you enjoy your retirement future . . .

## **Steady Income**

A stream of income payouts you can count on for a lifetime

## **Stable Rate**

The stability of a guaranteed rate and certain payout

## **Secure Payouts**

The security of set payouts no matter what the market does

## **Strong Company**

All backed by the full financial strength of a highly-rated issuer\*

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