Losing Ground Is Costly

Market Drops Put Money in a Hole

Ever dig a hole ... refill it ... and come up short? Making up losses can feel like that

The Deeper, the Steeper: Greater Gains Required to Restore Losses

Consider the math. Start with \$100 and lose 10%. That leaves \$90. Then the market rebounds and gains 10%. But that 10% is regained on \$90. So the money grows back only to \$99. That's \$1 short of where it began.

When a loss occurs, a **higher gain** than the loss is needed just to break even ... because of restarting from a lower point. The graphic at right illustrates how a 10% decline followed by a 10% rebound fails to restore full value.



Compare: After a *Loss*, More must be *Gained Back* to Break Even

Negatives (orange) are losses incurred. Positives (blue) are corresponding gains needed to break even! (Illustrated experience assumptions are for example only; actual experience will vary.)



Takeaway: The bigger the loss, the bigger the gain needed to get back to even.

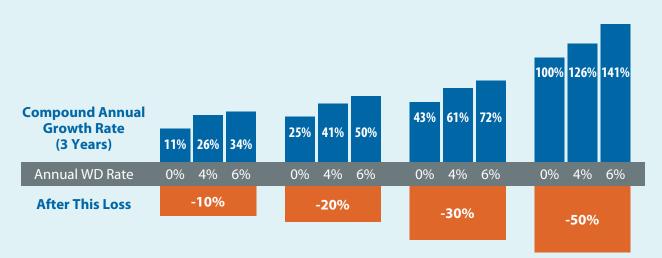
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More Digging Is More Daunting

"When you find yourself in a hole, stop digging." So says an adage dubbed the "first rule of holes." It makes sense. When trying to recover from a decline in value, continued digging – in the form of taking withdrawals at the same time – only makes the math more daunting.

Compare: Getting Back to Even While Taking Distributions After a Loss

Corresponding gains needed over three years at various withdrawal rates to get back to even¹ after various declines. (Illustrated experience assumptions are for example only; actual experience will vary.)



Takeaway: Market declines are inevitable. Recovering from them, while taking withdrawals at the same time, makes the climb even more challenging.

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¹ Gain illustrated may reflect rounding for an approximate representation of the necessary positive performance.

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