# How to Save for Retirement It pays to start early with retirement planning. You may need up to 80% of your annual income today to retire comfortably.<sup>1</sup>

Here are five ways to help get your retirement plan off the ground.



### **FIXED EXPENSES**

Mortgage or rent, life and health insurance, utilities and other necessary expenses

### **FLEXIBLE EXPENSES**

Groceries, clothing, transportation and more

### **DISCRETIONARY EXPENSES**

Travel, gym memberships and other nonessentials

### Let's say the total equals **\$3,000/MONTH**.

You'll likely need a minimum of this amount in retirement income to cover these expenses.

## \$36,000 = SAVINGS GOAL

total retirement income for the year

anticipated length of your retirement

Retirement Account \$65,674 · 10-15% ·····>

### Make Saving a Priority

After you have a savings goal, determine how much you should put aside each month. A good rule of thumb is to set aside about 10-15% of your income<sup>2</sup> for retirement.

### **Decide How You'll Prepare for Retirement** 3 Here are some options:

401(k): Contribute a percentage of your income. Some employers even match a portion of your contributions.

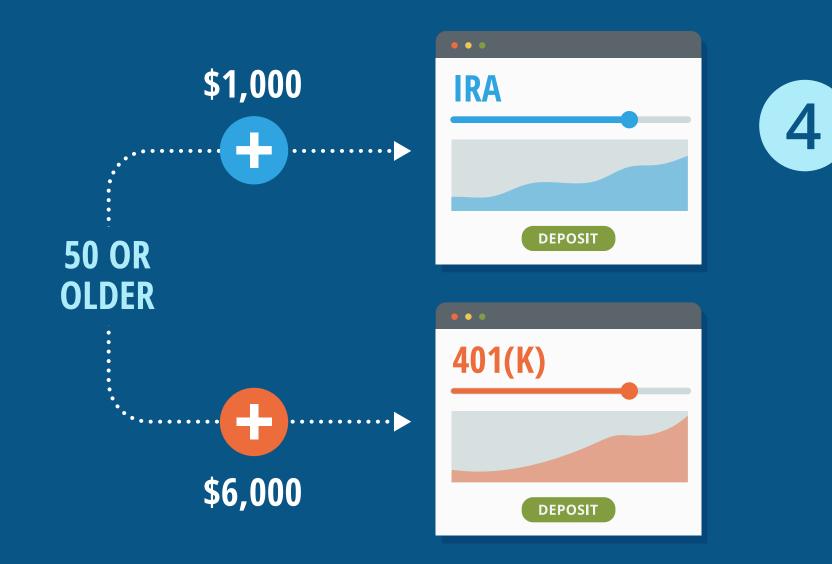
Traditional or Roth IRA: Put pre-tax or after-tax dollars into a retirement account.

SEP IRA: Self-employed? Make tax-deductible contributions of up to 25 percent of your salary (for 2019).<sup>3</sup>

Simple IRA: Make tax-deductible contributions of up to \$13,000 (for 2019).<sup>4</sup>

Annuity: Potentially earn interest and defer paying taxes on the earnings until you make a withdrawal.

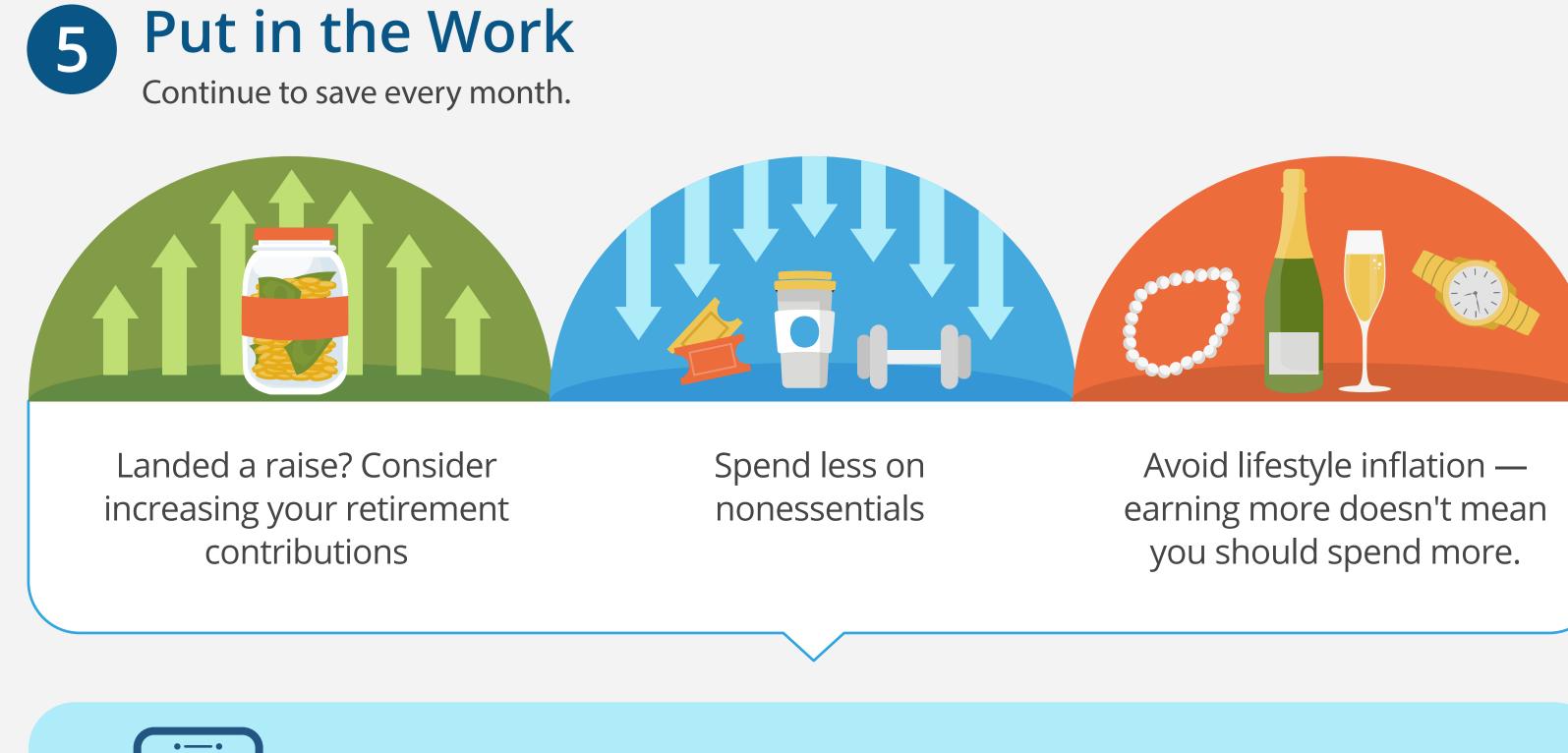




### If You're 50 or Older, Consider Making Catch-Up Contributions

Behind on retirement savings? If you're 50 or older, making catch-up contributions can help you get closer to your goal.

For 2019, you can contribute an additional \$1,000 to an IRA or an additional \$6,000 to a 401(k).<sup>5</sup>



Do regular check-ins to make sure you're still on track. **Our Retirement Checkup Calculator may help.**<sup>6</sup>

### Start developing the road map to your retirement destination today. www.westernsouthern.com

#### Sources:

<sup>1</sup> www.irs.gov/retirement-plans/plan-participant-employee/retirement-topics-benefits-of-saving-now <sup>2</sup> money.cnn.com/retirement/guide/basics\_basics.moneymag/index7.htm <sup>3</sup> www.irs.gov/retirement-plans/retirement-plans-faqs-regarding-seps-contributions <sup>4</sup> www.irs.gov/retirement-plans/plan-participant-employee/retirement-topics-simple-ira-contribution-limits <sup>5</sup> www.irs.gov/retirement-plans/plan-participant-employee/retirement-topics-catch-up-contributions <sup>6</sup> www.westernsouthern.com/wslife/learn/retirement-checkup-calculator



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